

OSHO NEWS

online magazine

Dharma Arnavah

... left his body on 6th June 2013

From Arnavah's parents and brother Paul we hear that a few days ago they received news from the US Embassy in Peru that their son, brother and friend has passed away near Machu Picchu in the Andes



From his brother Paul we have received some notes for his bio:

Arnavah was born as Nathan Krystall in Michigan, USA in 1964. In 1972 he moved with the family to Kenya. He graduated from University of Massachusetts, Amherst and University of Witwatersrand, Johannesburg.

His 'career' was tasting the diversity of what life had to offer. He was a global traveller, spending large portions of his life in Kenya, Massachusetts, Brooklyn, Jerusalem, Johannesburg, Thailand, Cambodia, Bali, India, Greece, Taiwan, Beijing, and finally Peru.

To name just a few of his many occupations: activist for Palestinian rights of residency in Jerusalem, author of biographies (including *Swimming Through Life*, a biography of his father), ghost-writer, English teacher in Taiwan and Beijing, therapist and healer, musician and music producer, and many more....

Much of his adult life was spent working for societal and political causes in which he believed. His refusal to serve in the Israeli army (required of Jews who move to Israel and acquire citizenship) because he believed the army suppressed the rights of the Palestinian people landed him in prison. But the letter he wrote to the Israeli Minister of Defense explaining why he would not serve was published on the front page of every Arabic-speaking paper (and is still quoted almost 30 years later) and the authorities eventually released him. He also worked constructively for many years in the Middle-East, always for the rights of the Palestinian people.

His priority then became his spiritual path. Instigated by Oscar from Kenya he visited Pune and, in 2004-5, spent a year meditating and working there as an Osho books editor. He also trained in Core Integration bodywork and recently trained to facilitate Osho Mystic Rose.

Arnavah had the most impeccable practices for mind and body – yoga, tai chi, meditation, cleansing and strict diet – which he maintained for over 20 years. He spoke many languages: English, Swahili, Arabic and Hebrew, and was picking up Spanish. He was extremely talented in everything he did – his poetry, his music album, and his writing.

He was a pure soul who was always seeking the truth. Hopefully he found it and is now off on his next adventure.

Paul sent this to be read at the Cremation on 14 June 2013:

Dearest Nathan.

Dearest Beloved Dharma Arnavah.

We love you more that words can ever express.

We thank you for every single minute you spent with us.

We are grateful for the privilege of spending time with you – you are a gift of the divine.



We thank you for the music and memories you left with us and we will get happiness from these for the rest of our lives.

We thank you for what you have taught us and what you have done in the world.

We know you did not die, because we know all living beings are immortal and can never die. We know you have just changed your form.

But even knowing this our hearts are bursting with sadness that we will never see you again, play music with you again, or just hang out with you again in this life.

We are sad for our loss, but for you we are wishing that you have found peace and what you were searching for. We wish your soul freedom and happiness.

We wish that you can be born again into a good family that loves you unconditionally... a spiritual family.

We offer this poem:

Do not stand at my grave and weep,
I am not there, I do not sleep.

I am a thousand winds that blow.
I am the diamond glint on snow.
I am the sunlight on ripened grain.
I am the gentle autumn rain.

When you wake in the morning hush,
I am the swift, uplifting rush
Of quiet birds in circling flight.
I am the soft starlight at night.

Do not stand at my grave and weep.
I am not there, I do not sleep.
Do not stand at my grave and cry.
I am not there, I did not die!

You touched so many and are loved by a global network of friends, family (Weiss, Hageman), OSHO community and other communities you worked with, Abby's and Paul's staff (Lucy, Consolata, Jackson, Serah, John, Charles, Rosemary, Kingi) and most of all by Aja, Paul, Eric and Abby, your family who will always love you and remember you and act positively in the world in your memory. We will also pass on your love to Xu Ying

oṃ tryambakaṃ yajāmahe sugandhiṃ puṣṭi-vardhanam

urvārukam-iva bandhanān mṛtyormukṣīya māmṛtāt